CAREER SUCCESS REPORT

Unique Insights for Professionals



SUCCESS

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Introduction

Dear Rishita,

Congratulations! You have successfully made the first best move towards personal and professional career success. To seal this effect however, you need to understand the report well and utilize the insight for your growth.

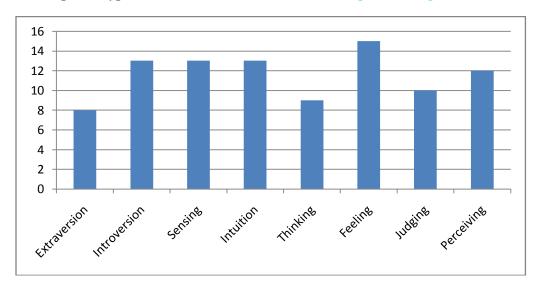
Whether you're a young adult trying to find your place in the world, or a not-so-young adult trying to find out if you're moving along the right path, it's important to understand yourself and the personality traits which will impact your likeliness to succeed or fail at various careers. It's equally important to understand what is really important to you. When armed with an understanding of your strengths and weaknesses, and an awareness of what you truly value, you are in an excellent position to pick a career which you will find rewarding.

Carl Jung believed that an individual's personality was made up of his or her preferences, or the way he or she chooses to do certain things. The assessment provides a useful method for understanding people through the eight personality preferences that everyone uses at different times. These eight preferences are organized into four dichotomies, each made up of a pair of opposite preferences. When you take the assessment, the four preferences you identify as being most like you are combined into what is called a type. We have understood and utilized worldwide accepted theories and adapted its interpretations to suit Indian psychology and mentality.



Summary of Your Result

Each of the eight personality preferences that this test measures is be represented by a letter. The four dichotomies derived out of the eight preferences generate a four-letter code which can be referred to as your MBTI code. The entire report revolves around this four letter MBTI code that describes you. When the four dichotomies are combined in all possible ways, sixteen different types are obtained. Each individual falls into any one of these sixteen types.



Your reported type is INFP Introversion, iNtution, Feeling, Perceiving



What does **INFP** mean?

Ms. Rishita, you are poetic, kind and altruistic, always eager to help a good cause.

INFP Snapshot

I, N, F and P: What Each Letter of Your Personality Type Code Means

I: You prefer introversion, in other words, you are energized by things within yourself such as your thoughts and ideas. You tend to be quiet and reserved which means you risk not interacting enough with others.

N: You process information using intuition, or insight. You don't have to have physical evidence of something to know it exists. You consider future possibilities and look for patterns in details to see how they effect the big picture. If a new opportunity emerges, you are inclined to take advantage of it.

F: Your decisions are guided by your feelings and personal values. You don't consider the consequences if you feel strongly about something. You are a caring person who is adept at understanding others.

P: You are flexible, spontaneous and you take life as it comes. You are curious and you want to be able to explore. You tend not to be a planner, which means deadlines sometimes approach more quickly than you anticipate leaving you rushing to finish projects on time.

Your order of personality preference

As an INFP, your order is: 1. Feeling 2. Introversion 3. INtuition 4. Perceiving

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Left Description		Right Description		
From where you get your energy	E	Extraversion Preference for drawing energy from the outside world of people, activities, and things. <i>Your score on this dimension</i> <i>shows less inclination for</i> <i>Extraversion over Introversion.</i> <i>Chances are that sometimes you</i> <i>focus your attention or get your</i> <i>energy from Extraversion.</i>	Ι	Introversion Preference for drawing energy from one's inner world of ideas, emotions, and impressions. Your score on this dimension shows moderate inclination for Introversion. Therefore, in generality we can say that you focus your attention or get your energy from Introversion.
The way you take in information	S	Sensing Preference for taking in information through the five senses and noticing what is actual. Your score on this dimension shows less inclination for Sensing over Intuition. Chances are that sometimes the way you take in information is through Sensing.	N	INtution Preference for taking in information through a "sixth sense" and noticing what might be. <i>Your score on this dimension</i> <i>shows moderate inclination for</i> <i>Intuition over Sensing. Therefore,</i> <i>in generality we can say that the</i> <i>way you take in information is</i> <i>through Intuition.</i>
The way you make decisions	Т	Thinking Preference for organizing and structuring information to decide in a logical, objective way. <i>Your score on this dimension</i> <i>shows less inclination for Thinking</i> <i>over Feeling .Chances are that</i> <i>sometimes the way you make</i> <i>decisions is from Thinking.</i>	F	Feeling Preference for organizing and structuring information to decide in a personal, values-based way. Your score on this dimension shows moderate inclination for Feeling over Thinking. Therefore in generality we can say that The way you make decisions is from Feeling.
How you deal with the outer world	J	Judging Preference for living a planned and organized life. Your score on this dimension shows less inclination for Judging over Perceiving .Chances are that sometimes you deal with the outer world by Judging.	Р	Perceiving Preference for living a spontaneous and flexible life. Your score on this dimension shows moderate inclination for Perceiving over Judging. Therefore, in generality we can say that you deal with the outer world by Perceiving.



INFPs generally have the following characteristics:

- Strong value systems
- Warmly interested in people
- Service-oriented, usually putting the needs of others above their own
- Loyal and devoted to people and causes
- Future-oriented
- Growth-oriented; always want to be growing in a positive direction
- Creative and inspirational
- Flexible and laid-back, unless a ruling principle is violated
- Sensitive and complex
- Dislike dealing with details and routine work
- Original and individualistic "out of the mainstream"
- Excellent written communication skills
- Prefer to work alone, and may have problems working on teams
- Value deep and authentic relationships
- Want to be seen and appreciated for who they are

How Your Type Affects Your Career Choice

INFPs Career Choice Should Probably Include

- A position involved in working towards the public good, and in which they don't need to use hard logic
- An opportunity to believe completely in the value of their work and be rewarded for their unique contribution
- The freedom to work on projects that inspire them, with plenty of time for quiet reflection
- The opportunity to grow personally and professionally, where their originality is appreciated and encouraged

INFPs Strengths

- INFPs' friends and loved ones will come to admire and depend on them for their optimism
- People with the INFP personality type have no interest in having power over others. They prefer a more democratic approach
- A live-and-let-live attitude comes naturally to INFPs, and they dislike being constrained by rules
- INFPs see things from unconventional perspective
- INFPs are passionate and energetic. They dedicate their time, energy, thoughts and emotions to the project
- INFPs do not give up even when the going gets tough. They are hard-working and dedicated



INFPs Weaknesses

- INFPs often take their idealism too far, setting themselves up for disappointment over and over again in all sphere of their lives
- In being too selfless, they land up forgetting about their own welfare over other things
- Sometimes people with the INFP personality type will take their asceticism so far as to neglect eating and drinking as they pursue their passion or cause
- INFPs are in tune with emotions and morality, and when the facts and data contradict their ideals, it can be a real challenge for them
- INFPs often take challenges and criticisms personally, rather than as inspiration to reassess their positions
- INFPs are private, reserved and self-conscious

If a stressful situation continues,

- INFP will feel lost and perplexed at stressful times
- As stress builds, INFPs become disconnected from their own personality and perceived place in life
- They may not make basic observations, while instead they will focus on the more abstract and symbolic meanings of a particular interaction

Potential Pitfalls:

- becoming too perfectionist, almost to a fault
- getting discouraged if contributions are perceived as being unappreciated
- being unrealistic in planning work schedules and making mistakes in fact
- developing a "control" problem when working in a group
- losing interest if control of projects is lost
- failing to see or understand anyone else's point of view and being unaware of how their behavior affects others
- becoming exhausted from competition
- not making the effort to organize projects that aren't original
- in the heat of anger, throwing out fact after (often inaccurate) fact in an emotional outburst



What are your work Values?

Contribution to the Organization

Each Personality Type has a different set of skills, talents and attributes that they bring to an organization, group or relationship. Here is a list of those most commonly associated with Personality Types like INFP.

- Undertakes a lot of projects
- Likes solitude and becomes quietly absorbed in projects
- Is pledged to the growth and development of people surrounding him/her

Preferred Work Environment

- A cooperative environment with minimum bureaucracy
- Working with others who are committed to people-related values
- Working with people they trust and respect in a supportive and friendly environment
- Environment to try creative approaches to problem solving that help other people improve their lives

INFPs as a Leader

- In leadership positions, INFPs motivate others through encouragement and positive vision
- They often see the potential in other people, and are good at inspiring others to use their gifts
- INFPs are supportive, creative leaders
- They do best leading cooperative teams of like-minded people
- They value harmony and may avoid conflict as far as possible

INFPs in a Team work

- INFPs are supportive and imaginative team members
- They listen openly to many points of view
- The are talented at coming up with creative solutions that incorporate the ideas and priorities of everyone involved
- INFPs do best on a team that is guided by vision
- Teams which are highly oriented to action, without considering the deeper issues or the alternative options, may alienate the INFP
- INFPs may have trouble on teams where there is much conflict or competition



INFPs Communication Style

- INFPs are gentle, encouraging communicators who enjoy exploring options and ideas
- They are typically attentive listeners
- They try to adapt their communication style to the people they are dealing with
- They are appreciative of other people's ideas
- INFPs may be reserved about sharing their own closely held values and ideas with people they do not know well
- INFPs enjoy exploring philosophy more than most; their patience for arbitrary hypothetical brainstorming or dense technical discussions is limited

INFPs in Relationships

INFP's Professional relationships - Senior, Colleague and Juniors

In the workplace, INFPs face the challenge of taking their work and their profession personally.

INFPs as a Senior

- As seniors, INFPs lend respect to every subordinate, preferring communication as human beings than as a boss-employee opposition
- INFPs know how they feel about criticism, and are reluctant to subject others to that same experience
- INFPs set goals that achieve a desirable end, and help the people working under them to make that happen
- When INFPs are under stress, sometimes can become extremely emotional in ways that can really hold back their team. Sometimes, the boss just needs to be boss

INFPs as a Colleague

- INFPs feel most comfortable among colleagues
- They aren't interested in controlling others, and have a similar distaste for being controlled
- They make every effort to be pleasant, friendly and supportive so long as their coworkers reciprocate
- INFPs don't like conflict or picking sides, and will do everything they can to maintain harmony and cooperation

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INFPs as a Junior

- As junior, INFPs prefer latitude, and would much rather immerse themselves in a project, alone or with a close team, than simply be told what task to do and move on
- They're looking for meaningful work that they actually want to think about
- INFPs would rather know that their work will help to deliver a service they believe in than to know that the profit has been boosted by 3%
- If these standards are met, managers will find an extremely dedicated and considerate employee in INFPs



INFP's Personal relationships – Life Partner and Parent

INFP as a Life Partner

- In relationships, the INFP is nurturing, empathic, and loyal
- INFPs select their friends and partners carefully, looking for a strong bond and congruent values
- INFPs tend to be open-minded and accepting of another's behavior and preferences, so long as their core values are not violated
- They support their partners' individuality, and encourage them to explore their interests and ideas
- INFPs look for ways to compromise and accommodate other people, and often have creative solutions to interpersonal problems
- They can be very sensitive, but often keep negative reactions to themselves because they are reluctant to engage in confrontation
- They value a partner who is committed and loving, yet provides them with the support they need to independently explore the mysteries of life

INFP as a Parent

- As parents, INFPs are caring, supportive, and adaptable
- They rarely establish a strict or structured household, preferring instead to address problems and situations as they arise
- Children of INFPs often find that they have the freedom to express themselves and make their own decisions until they violate their INFP parent's values
- When values are in question, the INFP parent becomes firm and inflexible

Suggestion for development

- It is important for INFPs to develop skills for the realistic and detailed planning of project
- When needed, it would be beneficial for them to have a tough-minded posture and the ability to say "no."
- They may sometimes have to lower their sights to avoid a self-defeating attitude of perfectionism



Careers for the INFP

Your most popular careers

CREATIVE/ARTS

Artist Writer: poet/novelist Journalist Entertainer Architect Actor Editor Musician Information-graphics designer Editor/art director (magazine)

EDUCATION/COUNSELING

College professor: humanities/arts Researcher Psychologist Counselor Social worker Librarian Educational consultant Special education teacher Bilingual education teacher Early childhood education teacher Employee assistance counselor Child welfare counselor Alcohol and drug addiction counselor Social worker (elderly and child day care issues) Translator/interpreter Legal mediator

RELIGION

Minister/priest Religious educator Missionary Church worker

HEALTH CARE

Dietician/nutritionist Physical therapist Home health social worker Occupational therapist Speech-language pathologist/audiologist Massage therapist Holistic health practitioner (alternative medicine)

CORECULATION COMPANY

ORGANIZATIONAL DEVELOPMENT

Employment development specialist Human resources development specialist Social scientist Diversity manager Consultant: team building/conflict resolution

Your Least Popular Careers

TECHNICAL

Systems Analyst Engineering Technician Cost Estimator Urban Planner

PROFESSIONAL

Auditor Judge Dentist Chemical Engineer Electrician Military Officer Chemist Materials Engineer

SALES/MANAGEMENT/SERVICE

Restaurant Manager Sales Manager Financial Manager

<u>HEALTH</u> Licensed Practical Nurse



Disclaimer

This is a strictly confidential assessment report which is to be used under the guidance of a trained professional.

This profile arises from a self-report questionnaire and must be interpreted in the light of corroborating evidence gained from feedback and in the context of the role in question taking into account available data such as performance appraisals, actual experience, motivation, interests, values, abilities and skills.

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Testimonials

⁶⁶ I had wonderful counselling setion with you couple of days back. It has made me more determine to make further career into HVAC."

-- Confidential

I consider that it's my pleasure to meet you and it was also a great experience to join your team on 25th June 2014. That online exam is so neatly designed and well timed that no one can sit with fake frame of mind in front of the screen. I am thankful to you for sparing your valuable time for me and make me feel proud about my life and its importance.

66 - - Confidential

Counselling was the best part, Counselor had thorough knowledge of my need and also the knowledge of fields that suits me. It was great and satisfying."

-- Confidential

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